



PRODUCT FORMULARY



Night Calm with Melatonin

- Supports Restful Sleep[†]
- Helps Improve Sleep Quality[†]
- Promotes Calmness and Helps Reduce Anxiety[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The ingredients used in **Night Calm** have been clinically and traditionally shown to support disrupted circadian rhythm while promoting a sense of calmness resulting in more restful sleep.[†]

Melatonin

- A hormone secreted by the pineal gland in the brain
- Helps to regulate hormones and maintains the body's circadian rhythm[†]

L-Theanine

- An amino acid found in green tea
- Thought to induce a sense of calm, reduce anxiety, and improve sleep quality[†]

Passion Flower (*Passiflora incarnata*)

- A flower traditionally used as a calming herb
- May increase levels of the gamma aminobutyric acid (GABA) chemical in the brain, which lowers activity of some brain cells to create a relaxed state[†]

Lemon Balm (*Melissa officianalis*)

- A member of the mint family
- Combined with other calming herbs, lemon balm helps to reduce anxiety and promote sleep[†]

Chamomile

- A flowering plant in the daisy family
- Best known as a sleep aid, chamomile can help with anything from insomnia to anxiety to digestive issues[†]

Valerian Root (*Valeriana officinalis*)

- A flowering plant, the root of which is often used to treat insomnia[†]
- Similar to Passion Flower, Valerian Root may affect GABA receptors in the brain, acting as a mild sedative[†]

Magnesium Gluconate

- A mineral found in every cell in the body, which all need it to function[†]
- It acts as a cofactor, a helper molecule, for over 600 reactions in the body, including the regulation of neurotransmitters involved in sleep[†]
- Magnesium Gluconate has the highest bioavailability of any magnesium salt, and acts as a supplement to treat low levels of magnesium in the blood[†]

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SUPPLEMENT FACTS

Serving Size: 1 full dropper (1 ml)
 Servings Per Container: 60

| Amount Per Serving | %DV |
|---|---------|
| Melatonin | 8 mg * |
| Proprietary Calming Blend (L-Theanine, Magnesium Gluconate, Passion Flower Herb, Lemon Balm Herb, Chamomile Flower, Valerian Root) | 45 mg * |

* Daily Value (DV) not established.

Other Ingredients: Filtered Water, Glycerin, Citrus Flavor, Citric Acid, Stevia Leaf Extract, Lauric Arginate, Potassium Sorbate, Lecithin (Sunflower)

No Wheat, No Gluten, No Corn, No Dairy, No Soy, No Yeast
 Formulated and Distributed by VINCO, INC.
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Item Code: V-CALM
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SUGGESTED USE: Adults take one dropper (1 ml) 20 minutes before bedtime, or as directed by a qualified healthcare professional. May be put on food or mixed with other liquids such as water or juice.

SHAKE WELL BEFORE USE.

WARNING: Not intended for use by persons under the age of 18. Not to be taken by pregnant or lactating women. Long-term use of Melatonin has not been studied. If you are taking any prescription medication, or have any chronic medical condition, or are pregnant or auto-immune disease or depressive disorder, consult your physician before using this product. Use of this product could cause hypothermia. Do not use before or while operating a motor vehicle or heavy machinery.

KEEP OUT OF REACH OF CHILDREN. Tamper resistant. Do not purchase if seal is broken. Store in a cool place after opening.

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