



Melatonin

- Helps To Improve Overall Quality Of Sleep[†]
- Maintains The Body's Circadian Rhythm[†]
- Great For Jet Lag, Insomnia, Seasonal Affective Disorder, And More..[†]

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Tiredness upon waking. A common ailment that can affect anyone, but what can be done? Imagine a powerful antioxidant shown to help adjust circadian rhythms for healthier sleep cycles. Melatonin, often called the sleep hormone, is naturally created by the body to do just that. Vinco's **Melatonin 10 mg** is not the creation of a lab, but instead works with the body's chemistry to help improve your overall sleep quality.[†]

Melatonin

- A hormone secreted by the pineal gland in the brain
- Helps to regulate the levels of some hormones, blood pressure, body temperature, blood glucose, and body weight
- Maintains the body's circadian rhythm, or internal clock
- Helps to increase the melatonin in the body for those who do not produce enough of it
- Combats disorders linked to circadian dysfunction, including jet lag, seasonal affective disorder, insomnia, and more⁺
- Works against environmental factors impacting sleep, such as blue light exposure, smoking and alcohol use, shift work, and caffeine⁺

Warning

Not intended for use by persons under the age of18. Not to be taken by pregnant or lactating women. Long-term use of Melatonin has not been studied. If you are taking any prescription medication (especially hormone replacement therapy), or have an auto-immune disease or depressive disorder consult a physician before using this product. Use of this product could cause hypothermia. Do not use before or while operating a motor vehicle or heavy machinery.

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Directions for Use: For adults, take one capsule, 1/2 hour before bedtime, or as directed by a qualified healthcare professional.

Melatonin is a powerful antioxidant shown to benefit healthy sleep patterns. †

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Natural Source

60 Capsules Gluten Free | Dietary Supplement

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PROFESSIONAL FORMULATION
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Supplement Facts

Serving Size: 1 Capsule Servings per Container: 60

	Amount per Serving	%DV
Melatonin	10 mg	*
* Daily Value (DV) not established		

Other Ingredients: Rice Flour, Gelatin (capsule), Magnesium Stearate

No Wheat, No Gluten, No Corn, No Dairy, No Soy, Yeast Free

KEEP OUT OF REACH OF CHILDREN Tamper resistant. Do not purchase if seal is broken. Store in a cool, dry place.

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